

# FAMILY AND CHILD STUDIES (FCS)

## Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences

Family and Child Studies is offered as a minor in the honours program. It is designed to provide students with an opportunity to pursue interdisciplinary studies which have a specific focus on human development over the life span and on the applied questions which relate to the needs of children and the functioning of families. Elective courses may be chosen to emphasize the family, the child, or a combination of the two. Students seeking counselling should consult with a faculty advisor in the Department of Family Relations and Applied Nutrition.

Students who wish to declare the FCS minor, must have a cumulative average of 70% or better in the following foundation courses:

Code	Title	Credits
FRHD*1010	Human Development	0.50
FRHD*1020	Couple and Family Relationships	0.50
NUTR*1010	Introduction to Nutrition	0.50

## Minor (Honours Program)

A minimum of 5.00 credits is required, including:

Code	Title	Credits
FRHD*1010	Human Development	0.50
FRHD*1020	Couple and Family Relationships	0.50
FRHD*2270	Development in Early and Middle Childhood	0.50
FRHD*3040	Parenting and Intergenerational Relationships	0.50
NUTR*1010	Introduction to Nutrition	0.50

Select 2.50 credits from the following, at least 1.00 of which must be at the 3000 level:

ANTH*2660	Contemporary Indigenous Peoples in Canada <sup>1</sup>	0.50
ANTH*3770	Kinship, Family, and Power <sup>1</sup>	0.50
FRHD*1100	Life: Health and Well-Being	0.50
FRHD*2060	Adult Development and Aging	0.50
FRHD*2100	Development of Human Sexuality	0.50
FRHD*2110	Children and Youth with Exceptionalities	0.50
FRHD*2260	Infant Development	0.50
FRHD*2280	Adolescent Development	0.50
FRHD*3060	Principles of Social Gerontology	0.50
FRHD*3090	Poverty and Health	0.50
FRHD*3400	Communication and Counselling Skills	0.50
HIST*3200	Youth in History	0.50
NUTR*2050	Nutrition Through the Life Cycle	0.50
NUTR*3150	Aging and Nutrition	0.50

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Courses may require the completion of additional prerequisites not included in the requirements for the Family and Child Studies minor. Students should consult the most recent Undergraduate Calendar (Chapter XII – Course Descriptions) for specific prerequisites.

**Note:** PSYC\*2450 Developmental Psychology may be substituted for FRHD\*2270 Development in Early and Middle Childhood; PSYC\*3450 Social and Personality Development or SOAN\*3100 Gender Perspectives on Families and Households may be substituted for FRHD\*3040 Parenting and Intergenerational Relationships.

**Note:** PSYC majors who have taken one or more of the following PSYC courses can count them towards the further 2.50 credits required for the minor:

Code	Title	Credits
PSYC*2310	Social Psychology	0.50
PSYC*3300	Psychology of Gender	0.50
PSYC*3490	Social and Organizational Psychology	0.50
PSYC*3570	The Psychology of Death and Dying	0.50
PSYC*3800	Psychology and Education	0.50
PSYC*3850	Intellectual Disabilities	0.50

**Note:** Students from other institutions who transfer to the University of Guelph and wish to declare the FCS minor must also meet the cumulative average requirement. If an external transfer student is granted credit for one or more of the foundation courses listed above, then they must attain a cumulative average of 70% or better in the remaining required FCS foundation courses.