

# FAMILY AND CHILD STUDIES (FCS)

## Department of Family Relations and Applied Nutrition, College of Social and Applied Human Sciences

Family and Child Studies is offered as a minor in the honours program. It is designed to provide students with an opportunity to pursue interdisciplinary studies which have a specific focus on human development over the life span and on the applied questions which relate to the needs of children and the functioning of families. Elective courses may be chosen to emphasize the family, the child, or a combination of the two. Students seeking counselling should consult with a faculty advisor in the Department of Family Relations and Applied Nutrition.

## Minor Requirements (Honours)

**This minor cannot be combined with a major in Child Studies or Family Studies and Human Development.**

A minimum of 3.00 credits is required, including:

Code	Title	Credits
FRHD*1010	Human Development	0.50
FRHD*1020	Couple and Family Relationships	0.50
FRHD*2270	Child Development	0.50
or PSYC*2450	Developmental Psychology	
Select 1.50 credits from the following, at least 0.50 of which must be at the 3000 level: <sup>1</sup>		
ANTH*2660	Contemporary Indigenous Peoples in Canada <sup>2</sup>	0.50
ANTH*3770	Kinship, Family, and Power <sup>2</sup>	0.50
FRHD*1100	Life: Health and Well-Being	0.50
FRHD*2060	Adult Development and Aging	0.50
FRHD*2100	Development of Human Sexuality	0.50
FRHD*2110	Inclusive Practices for Children with Disabilities and Exceptionalities	0.50
FRHD*2280	Adolescent Development	0.50
FRHD*3040	Parenting and Intergenerational Relationships	0.50
FRHD*3060	Principles of Social Gerontology	0.50
FRHD*3090	Poverty and Health	0.50
FRHD*3400	Communication and Counselling Skills	0.50
HIST*3200	Youth in History	0.50
NUTR*1010	Introduction to Nutrition	0.50
NUTR*2050	Nutrition Through the Life Cycle	0.50
NUTR*3150	Aging and Nutrition	0.50
PSYC*2310	Social Psychology	0.50
PSYC*3300	Psychology of Gender	0.50
PSYC*3490	Social and Organizational Psychology	0.50
PSYC*3570	The Psychology of Death and Dying	0.50
PSYC*3800	Psychology and Education	0.50
SOAN*3100	Gender Perspectives on Families and Households	0.50

<sup>1</sup> Students in the Bachelor of Arts and Sciences are required to take 3.50 credits from this list, at least 1.00 of which must be at the 3000 level or above, in order to meet the requirements for the Arts/Social Science Minor.

<sup>2</sup> Courses may require the completion of additional prerequisites not included in the requirements for the Family and Child Studies minor. Students should consult the most recent Undergraduate Calendar (Chapter XII – Course Descriptions) for specific prerequisites.