

BACHELOR OF CREATIVE ARTS, HEALTH AND WELLNESS (B.C.A.)

The University of Guelph offers a Bachelor of Creative Arts, Health and Wellness as an Honours degree requiring the completion of 20.00 credits. This four-year Honours program will prepare a generation of highly-skilled creative arts graduates equipped to tackle the complex fields of health and well-being as they intersect with artistic practices, self-expression, and creative autonomy. In the interest of also training students in inclusive, anti-colonial, and anti-racist practices, this program emphasizes anti-oppressive practices within the creative arts, health and wellness sector. This degree introduces students to applications of the creative arts to health and wellness as multi-modal practices. All students major in one artistic discipline (Music, Studio Art, or Theatre Studies) and complete training in the field of psychology. Students then bring these skills to core courses, where they explore foundational concepts in creative arts, health and wellness in a multimodal and anti-oppressive setting.

To graduate from the program, a student must:

1. Earn 20.00 credits. These must include 4.50 credits in core courses, 2.50 credits in required Psychology courses, and 1.50 credits in Oppression and Resistance courses.
2. Fulfill the course and credit requirements of one artistic major (music, studio art, or theatre studies), with a cumulative average of 60% in all course attempts.
3. Students may not take more than one artistic major. The requirements for each artistic major are set out separately below.

Program Counselling: In-course students in the Bachelor of Creative Arts, Health and Wellness will be supported by the Bachelor of Arts & Science Program Counselling office who are well equipped to provide guidance and discuss resources available to students. For information about how to contact a program counsellor, and for more information about program counselling, see Section VII – Academic Counselling of the current Undergraduate Calendar.

Departmental Advisors: Upon entering the program, all students will be linked to a faculty advisor who will mentor them through their studies. The faculty advisor is familiar with the unique pressures of each artistic major, and can also provide meaningful advice about career training and graduate programs. Students are strongly encouraged to attend all meetings called by their advisor, and to set up individual meetings with them when they have questions or concerns about their performance or progress in the program.

Program Requirements

1. Core Courses (4.50 credits)

Code	Title	Credits
CREA*1000	Introduction to Creative Arts, Health and Wellness	0.50
CREA*1010	The Art of Health	0.50
CREA*2000	Research Methods in Creative Arts, Health and Wellness	0.50
CREA*2010	The Arts and Human Behaviour	0.50

CREA*3000	Applied Ethics in Creative Arts, Health and Wellness	0.50
CREA*3010	Advanced Topics in Creative Arts, Health and Wellness	0.50
CREA*4000	Creative Arts and the Canadian Healthcare System	0.50
CREA*4010	Honours Capstone Project	1.00

2. Artistic Major (8.50 - 10.50 credits)

Select one artistic major:

- Music (<https://calendar.uoguelph.ca/undergraduate-calendar/programs-majors-minors/music-musc/#requirementstext>) Major (10.50 credits)
- Studio Art (<https://calendar.uoguelph.ca/undergraduate-calendar/programs-majors-minors/studio-art-sart/#requirementstext>) Major (9.00 credits)
- Theatre Studies (<https://calendar.uoguelph.ca/undergraduate-calendar/programs-majors-minors/theatre-studies-thst/#requirementstext>) Major (9.00 credits)

3. Psychology Courses (2.50 credits)

Code	Title	Credits
PSYC*1000	Introduction to Psychology	0.50
PSYC*1010	Making Sense of Data in Psychological Research	0.50
PSYC*2020	Clinical Psychology and Mental Health	0.50
PSYC*2450	Developmental Psychology	0.50
PSYC*2740	Personality	0.50

4. Oppression and Resistance Courses (1.50 credits)

These courses, drawing from a variety of disciplines, introduce students to systems of oppression and/or histories and contemporary legacies of resistance. Knowledge and tools gained in these electives will be synthesized in core courses as part of developing anti-oppressive creative practices.

Code	Title	Credits
Select 1.50 credits from the following:		
BLCK*1000	Introduction to Black Studies in Canada	0.50
BLCK*2000	Black Canadian History	0.50
FRHD*3090	Poverty and Health	0.50
HIST*3310	Disease and History	0.50
HIST*3640	Madness and Psychiatry	0.50
HIST*4200	Health, Mind and Body	1.00
PHIL*2030	Philosophy of Medicine	0.50
PHIL*2120	Ethics	0.50
SXGN*1000	Introduction to Sexualities and Genders	0.50
SXGN*1010	Sexuality, Gender, Race, and Indigeneity	0.50
UNIV*2010	Anti-Discrimination and Anti-Oppression	0.50

4. Free Electives (1.00 - 3.00 credits)

Free elective space is dependent on a student's chosen major.

Code	Title	Credits
	Music Artistic Major	1.00
	Studio Art Artistic Major	2.50
	Theatre Studies Artistic Major	2.50