

# HUMAN HEALTH AND NUTRITIONAL SCIENCES (HHNS)

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## HHNS\*3000 Special Topics in Lifestyle Medicine Winter Only (LEC: 3) [0.50]

This course will explore the design and use of Lifestyle Medicine to protect and promote human health and well-being. Special topics, selected case-studies and a research project will help students understand Lifestyle Medicine as both a certified medical practice specialty for physicians and the foundation for a global self-healthcare policy from the World Health Organization.

**Prerequisite(s):** 9.00 credits including (1 of BIOL\*1080, CREA\*1000, FRHD\*1100, ONEH\*1000)

**Restriction(s):** This is a Priority Access Course. Enrolment may be restricted to particular programs, specializations or semester levels during certain periods. Please see the departmental website for more information.

**Department(s):** Department of Human Health and Nutritional Sciences  
**Location(s):** Guelph

## HHNS\*4230 Advanced Study in Human Health and Nutritional Sciences Summer, Fall, and Winter (LEC: 3) [0.50]

The student will conduct independent literature research of an approved topic to be decided by the student in consultation with a faculty advisor. Students must make arrangements with both a faculty advisor and the course coordinator at least one semester in advance and the signature of the course coordinator will be required to select the course. A departmental registration form must be obtained from the course coordinator and submitted no later than the second class day of the semester in which the student is registered for the course.

**Prerequisite(s):** 12.00 credits

**Restriction(s):** Course coordinator consent required.

**Department(s):** Department of Human Health and Nutritional Sciences  
**Location(s):** Guelph

## HHNS\*4360 Research in Human Health and Nutritional Sciences Summer, Fall, and Winter (LAB: 12) [1.00]

The student will select a research topic and design and complete a project in an area of interest, in consultation with a faculty advisor. Students must make arrangements with both a faculty advisor and the course coordinator at least one semester in advance and the signature of the course coordinator will be required to select the course. A departmental registration form must be obtained from the course coordinator and submitted no later than the second class day of the semester in which the student is registered for the course.

**Prerequisite(s):** 12.00 credits

**Restriction(s):** Course coordinator consent required.

**Department(s):** Department of Human Health and Nutritional Sciences  
**Location(s):** Guelph

## HHNS\*4371 Research in Human Health and Nutritional Sciences I Summer, Fall, and Winter (LAB: 6) [0.50]

First part of the two-semester course HHNS\*4371/2. The student will select a research topic and design and complete a project in an area of interest, in consultation with a faculty advisor. This is a two-semester course offered over consecutive semesters. When you select it you must select HHNS\*4371 in the first semester and HHNS\*4372 in the second semester. A grade will not be assigned to HHNS\*4371 until HHNS\*4372 has been completed. Students must make arrangements with both a faculty advisor and the course coordinator at least one semester in advance and the signature of the course coordinator will be required to select the course. A departmental registration form must be obtained from the course coordinator and submitted no later than the second class day of the semester in which the student is registered for the course.

**Prerequisite(s):** 12.00 credits

**Restriction(s):** Course coordinator consent required.

**Department(s):** Department of Human Health and Nutritional Sciences  
**Location(s):** Guelph

## HHNS\*4372 Research in Human Health and Nutritional Sciences II Summer, Fall, and Winter (LAB: 6) [0.50]

Second part of the two-semester course HHNS\*4371/2. The student will select a research topic and design and complete a project in an area of interest, in consultation with a faculty advisor. This is a two-semester course offered over consecutive semesters. When you select it you must select HHNS\*4371 in the first semester and HHNS\*4372 in the second semester. A grade will not be assigned to HHNS\*4371 until HHNS\*4372 has been completed. Students must make arrangements with both a faculty advisor and the course coordinator at least one semester in advance and the signature of the course coordinator will be required to select the course. A departmental registration form must be obtained from the course coordinator and submitted no later than the second class day of the semester in which the student is registered for the course.

**Prerequisite(s):** HHNS\*4371 or HK\*4371

**Restriction(s):** Course coordinator consent required.

**Department(s):** Department of Human Health and Nutritional Sciences  
**Location(s):** Guelph

## HHNS\*4510 Teaching, Learning and Knowledge Transfer Summer, Fall, and Winter (LAB: 12) [1.00]

In consultation with a faculty advisor, the student will select, design and complete an independent project on the scholarship of teaching, learning and/or knowledge transfer in human health. Students must make arrangements with both a faculty advisor and the course coordinator at least one semester in advance and the signature of the course coordinator will be required to select the course. A departmental registration form must be obtained from the course coordinator and submitted no later than the second class day of the semester in which the student is registered for the course.

**Prerequisite(s):** 10.00 credits including BIOL\*1080

**Restriction(s):** Course coordinator consent required.

**Department(s):** Department of Human Health and Nutritional Sciences  
**Location(s):** Guelph

**HHNS\*4511 Teaching, Learning & Knowledge Transfer I Summer, Fall, and Winter (LAB: 6) [0.50]**

First part of a two-semester course HHNS\*4511/2. In consultation with a faculty advisor, the student will select, design and complete an independent project on the scholarship of teaching, learning and/or knowledge transfer in human health. This is a two-semester course offered over consecutive semesters; when you select it you must select HHNS\*4511 in the first semester and HHNS\*4512 in the second semester (a grade will not be assigned to HHNS\*4511 until HHNS\*4512 has been completed). Students must make arrangements with both a faculty advisor and the course coordinator at least one semester in advance and the signature of the course coordinator will be required to select the course. A departmental registration form must be obtained from the course coordinator and submitted no later than the second class day of the semester in which the student is registered for the course.

**Prerequisite(s):** 10.00 credits including BIOL\*1080

**Restriction(s):** Course coordinator consent required.

**Department(s):** Department of Human Health and Nutritional Sciences

**Location(s):** Guelph

**HHNS\*4512 Teaching, Learning & Knowledge Transfer II Summer, Fall, and Winter (LAB: 6) [0.50]**

Second part of a two-semester course HHNS\*4511/2. In consultation with a faculty advisor, the student will select, design and complete an independent project on the scholarship of teaching, learning and/or knowledge transfer in human health. This is a two-semester course offered over consecutive semesters; when you select it you must select HHNS\*4511 in the first semester and HHNS\*4512 in the second semester (a grade will not be assigned to HHNS\*4511 until HHNS\*4512 has been completed). Students must make arrangements with both a faculty advisor and the course coordinator at least one semester in advance and the signature of the course coordinator will be required to select the course. A departmental registration form must be obtained from the course coordinator and submitted no later than the second class day of the semester in which the student is registered for the course.

**Prerequisite(s):** HHNS\*4511 or HK\*4511

**Restriction(s):** Course coordinator consent required.

**Department(s):** Department of Human Health and Nutritional Sciences

**Location(s):** Guelph